



**BEFRIEND
INC**


NOVEMBER CALENDAR

Come
Say Hi!

OUR VALUES: INCLUSIVITY • AUTHENTICITY • CURIOSITY • SUSTAINABILITY • FUN

MONDAY

Pop Up Community Lounge Hosted by Befriend - 10am til 4pm

 Every Monday thru November
John Wellard Community Centre


**SOCIAL MEETUP - CARD & BOARDGAMES
FUN COMPANY & MORE : FREE TO ATTEND**


Come for a Cuppa, Stay a While & Leave with a Smile

SENIORS WEEK - HAVE A GO!

 **Golden Giggles Fun-lympics**
Mon 10th Nov : 11am - 2pm
John Wellard Community Centre
Connecting through Play
Celebrating Positive Ageing Together

 *** SMOOTHIE BIKE ONSITE ***

 **Fluid & 5D Diamond Art Group**
Hosted by Belinda
Monday's through November
David Nelson Art Room - Darius Wells
Free to Attend - 11am til 3pm
BYO Project & Paint Supplies or 5D Kits

 **Poets Corner - 2pm til 3.30pm**
Monday, 17th November - Free to Attend
BYO Pen & Notebook
John Wellard Community Centre

Games @ Wellard - 6.30 til 9.30pm
Hosted by Melanie & Friends - Free to Attend
Mondays at John Wellard Community Centre

 **SENIORS WEEK - HAVE A GO!**
Mon 10th - Learn 3s, Euchre or Rummikub
PLEASE ENTER VIA REAR CARPARK

For more info about our volunteer hosted events or interest in starting a group of your own please contact Inger on 0478 500 950 or email: inger@befriend.org.au or pop into John Wellard Community Centre for a cuppa & chat Mondays between 10am and 4pm



TUESDAY

Crochet for the Absolute Beginner

Hosted by Margie & Greg

Tuesday's thru School Term - 9am til 12 noon

David Nelson Art Room at Darius Wells

Free to Attend - BYO Size 4 or 5 Crochet

Hook & 8 Ply Wool if you have on hand

Kwirky Kwinana Storytellers

Hosted by Miranda & Friends

Every Tuesday - 9.30am til 12 noon

Free to Attend - Koorliny Arts Centre: Studio 1

Wellard Sewing & Social Crafts

Hosted by Sam - 9.30am til 12 noon

 Every Tuesday thru School Term

John Wellard Community Centre

BYO Project & Supplies to work on

Sewing Machines onsite - Free to Attend

SENIORS WEEK - HAVE A GO!

**Dabble in a Craft to Go! Tues 11th
10am - All Materials Supplied & Free**

*PLEASE ENTER VIA REAR CARPARK & TAP ON SIDE
WINDOW TO ALERT GROUP OF YOUR ARRIVAL*

 **Memoir Writing**

Hosted by Rob - 12.30pm til 2pm

Every Tuesday - 12.30pm til 2pm

Free to Attend - Koorliny Arts Centre: Studio 1



Men's Social Group

Hosts Roger, Bas & Jonathan

Every Tuesday - 7pm til 9pm

Come for a Cuppa & Have a Yarn

John Wellard Community Centre

Free to Attend - Just Show Up!

Manjar Ukulele - 7pm til 9pm

Hosted by Deb Every Tuesday

1 Landings Blvd, Coodanup

Play • Sing • Enjoy!

All Level of Playing & Singing Skills Welcome

Gold Coin Donation - Just Turn Up!





BEFRIEND INC

NOVEMBER CALENDAR OF EVENTS

To find out what's on in Your Community visit - <https://befriend.org.au/upcoming-events/>
or for What's on in Kwinana visit - <https://www.kwinana.wa.gov.au/city-life/things-to-do>

WEDNESDAY

Crochet, Knitting & Crafts Wednesday's 10am til 3pm



Group meet in the Carol Adams Lobby at Darius Wells Free to Attend • BYO Craft Project

Pop Up Community Lounge Hosted by Befriend - 10am til 4pm

Every Wednesday thru November
William Bertram Community Centre

**SOCIAL MEETUP - CARD & BOARDGAMES
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WEDNESDAY 5th NOV - 10 til 1pm Jackie's Sewing Repair Café Kwinana Community Wardrobe Onsite

SENIORS WEEK - HAVE A GO!

12th @ 1pm : Calligraphy • Weaving & More!



Bertram Parents Group + Play

Wed, 12 & 26 Nov - 9.30am til 11.30am

William Bertram Community Centre
0 to 5 Years - No Registration Required

Please bring a piece of fruit to share for morning tea



Paper Crafts & More at Medina

Every Wednesday & Friday

10am til 2pm - BYO Projects

Medina Hall in the Isabella Corker Wing
All Crafts Welcome. Free to Attend



Caswell Quilters

9am til 12 noon - Every Wednesday

Casuarina Wellard Community Hall
Small Fee for Tea/Coffee - BYO Supplies



Crafty Well - 7pm til 9pm

Wednesday's - BYO Craft - Free to Attend

John Wellard Community Centre



Womens' Social Group

Wednesday's - 6.30pm til 8.30pm

John Wellard Community Centre
Come along for a Cuppa & Enjoy a Chat
Free to Attend - No Need to Register



THURSDAY

Singing Ukes - Hosted by Tereza Every Thursday - 9.30am til 11.30am



John Wellard Community Centre
All Skill Levels Welcome

Come for the Fun of Singing & Strumming



Henley Reserve Walking Group

Hosted by Kate every Thursday - 5pm

Enjoy a peaceful walk starting at the basketball court on grassed area at Henley Reserve

Suitable for all walks of life!



Meditation & Connection Meetup

Hosted by Freda - 20th Nov: 6.45pm til 9pm

John Wellard Community Centre - Free to attend

A welcoming space focussed on building social connection in a relaxed and inclusive environment

FRIDAY



Chess Club at Wellard

Hosted by Jaymee & Keith

Every Friday - 10am til 1pm

John Wellard Community Centre - All Welcome



SENIORS WEEK - HAVE A GO!

William Bertram Community Centre



14th Nov - Seniors Art / Craft Display

1pm - 5pm : Free to Attend

Senior Soiree: 2pm til 4pm

2pm - 3pm: Singing Ukes & Singing
Seniors 3pm - 4pm: ELVIS Tribute Artist



SATURDAY / SUNDAY

Crochet & Knitting @ Darius Wells

Hosted by Greg - 10am til 2pm

Every Saturday - Free to Attend - BYO Projects
Meet in the Carol Adams Lobby at Darius Wells

Junk Journal Junction @ John Wellard

Sunday 30th - 1.30pm til 4pm

Free to Attend - BYO Projects & Supplies