



OUR VALUES: INCLUSIVITY • AUTHENTICITY • CURIOSITY • SUSTAINABILITY • FUN

## MONDAY

### Pop Up Community Lounge

Hosted by Befriend - 10am til 4pm

Every Monday thru November  
John Wellard Community Centre

### SOCIAL MEETUP - CARD & BOARDGAMES FUN COMPANY & MORE : FREE TO ATTEND

Come for a Cuppa, Stay a While & Leave with a Smile

## SENIORS WEEK - HAVE A GO!

### Golden Giggles Fun-lympics

Mon 10th Nov : 11am - 2pm

John Wellard Community Centre

Connecting through Play

Celebrating Positive Ageing Together

### \* SMOOTHIE BIKE ONSITE \*

### Fluid & 5D Diamond Art Group

Hosted by Belinda

Monday's through November

David Nelson Art Room - Darius Wells

Free to Attend - 11am til 3pm

BYO Project & Paint Supplies or 5D Kits

### Poets Corner - 2pm til 3.30pm

Monday, 17th November - Free to Attend

BYO Pen & Notebook

John Wellard Community Centre

### Games @ Wellard - 6.30 til 9.30pm

Hosted by Melanie & Friends - Free to Attend

Mondays at John Wellard Community Centre

## SENIORS WEEK - HAVE A GO!

Mon 10th - Learn 3s, Euchre or Rummikub

PLEASE ENTER VIA REAR CARPARK

For more info about our volunteer hosted events or interest in starting a group of your own please contact Inger on 0478 500 950 or email: [inger@befriend.org.au](mailto:inger@befriend.org.au) or pop into John Wellard Community Centre for a cuppa & chat Mondays between 10am and 4pm



## TUESDAY

### Crochet for the Absolute Beginner

Hosted by Margie & Greg

Tuesday's thru School Term - 9am til 12 noon

David Nelson Art Room at Darius Wells  
Free to Attend - BYO Size 4 or 5 Crochet  
Hook & 8 Ply Wool if you have on hand

### Kwirky Kwinana Storytellers

Hosted by Miranda & Friends

Every Tuesday - 9.30am til 12 noon

Free to Attend - Koorlony Arts Centre: Studio 1

### Wellard Sewing & Social Crafts

Hosted by Sam - 9.30am til 12 noon

Every Tuesday thru School Term

John Wellard Community Centre

BYO Project & Supplies to work on

Sewing Machines onsite - Free to Attend

## SENIORS WEEK - HAVE A GO!

Dabble in a Craft to Go! Tues 11th  
10am - All Materials Supplied & Free

PLEASE ENTER VIA REAR CARPARK & TAP ON SIDE  
WINDOW TO ALERT GROUP OF YOUR ARRIVAL



### Memoir Writing

Hosted by Rob - 12.30pm til 2pm

Every Tuesday - 12.30pm til 2pm

Free to Attend - Koorlony Arts Centre: Studio 1



### Men's Social Group

Hosts Roger, Bas & Jonathan

Every Tuesday - 7pm til 9pm

Come for a Cuppa & Have a Yarn

John Wellard Community Centre

Free to Attend - Just Show Up!



### Manjar Ukulele - 7pm til 9pm

Hosted by Deb Every Tuesday

1 Landings Blvd, Coodanup

Play • Sing • Enjoy!

All Level of Playing & Singing Skills Welcome

Gold Coin Donation - Just Turn Up!





To find out what's on in Your Community visit - <https://befriend.org.au/upcoming-events/>  
 or for What's on in Kwinana visit - <https://www.kwinana.wa.gov.au/city-life/things-to-do>

## WEDNESDAY

**Crochet, Knitting & Crafts**  
**Wednesday's 10am til 3pm**

Group meet in the Carol Adams Lobby at Darius Wells Free to Attend • BYO Craft Project



**Pop Up Community Lounge**  
**Hosted by Befriend - 10am til 4pm**  
 Every Wednesday thru November  
 William Bertram Community Centre  
**SOCIAL MEETUP - CARD & BOARDGAMES**  
**FUN COMPANY & MORE : FREE TO ATTEND**  
*Come for a Cuppa, Stay a While & Leave with a Smile*

**WEDNESDAY 5th NOV - 10 til 1pm**  
**Jackie's Sewing Repair Cafè**  
**Kwinana Community Wardrobe Onsite**

**SENIORS WEEK - HAVE A GO!**  
**12th @ 1pm : Calligraphy • Weaving & More!**

**Bertram Parents Group + Play**  
**Wed, 12 & 26 Nov - 9.30am til 11.30am**  
 William Bertram Community Centre  
 0 to 5 Years - No Registration Required  
*Please bring a piece of fruit to share for morning tea*

**Paper Crafts & More at Medina**  
**Every Wednesday & Friday**

 10am til 2pm - BYO Projects  
 Medina Hall in the Isabella Corker Wing  
 All Crafts Welcome. Free to Attend



**Caswell Quilters**  
**9am til 12 noon - Every Wednesday**  
 Casuarina Wellard Community Hall  
 Small Fee for Tea/Coffee - BYO Supplies

**Crafty Well - 7pm til 9pm**  
**Wednesday's - BYO Craft - Free to Attend**  
 John Wellard Community Centre

**Womens' Social Group**  
**Wednesday's - 6.30pm til 8.30pm**  
 John Wellard Community Centre  
 Come along for a Cuppa & Enjoy a Chat  
**Free to Attend - No Need to Register**

## THURSDAY

**Singing Ukes - Hosted by Tereza**  
**Every Thursday - 9.30am til 11.30am**



John Wellard Community Centre  
 All Skill Levels Welcome

*Come for the Fun of Singing & Strumming*



**Henley Reserve Walking Group**  
**Hosted by Kate every Thursday - 5pm**



Enjoy a peaceful walk starting at the basketball court on grassed area at Henley Reserve

*Suitable for all walks of life!*



**Meditation & Connection Meetup**

**Hosted by Freda - 20th Nov: 6.45pm til 9pm**  
 John Wellard Community Centre - Free to attend  
*A welcoming space focussed on building social connection in a relaxed and inclusive environment*

## FRIDAY

**Chess Club at Wellard**  
**Hosted by Jaymee & Keith**  
**Every Friday - 10am til 1pm**

John Wellard Community Centre - All Welcoome



**SENIORS WEEK - HAVE A GO!**  
**William Bertram Community Centre**

 **14th Nov - Seniors Art / Craft Display**  
 1pm - 5pm : Free to Attend  
 **Senior Soiree: 2pm til 4pm**  
**2pm - 3pm: Singing Ukes & Singing**  
**Seniors 3pm - 4pm: ELVIS Tribute Artist**

## SATURDAY / SUNDAY

**Crochet & Knitting @ Darius Wells**  
**Hosted by Greg - 10am til 2pm**

Every Saturday - Free to Attend - BYO Projects  
 Meet in the Carol Adams Lobby at Darius Wells

**Junk Journal Junction @ John Wellard**  
**Sunday 30th - 1.30pm til 4pm**

Free to Attend - BYO Projects & Supplies