



Befriend December / January Calendar

Come Say
Hi!

Want to meet new people from Yanchep to Joondalup?

Yanchep to Alkimos

Tai Chi - Yanchep • Wednesdays • Dec: 9.30 - 10.30; Jan: 9 - 10am (No event 24 and 31 Dec)
Shang Gou Tai Chi beginner routines with additions from other gentle movement disciplines. At the Oldham Park Clubrooms, Yanchep. Cost \$2. Text Norah 0427 921 813 or Viv 0498 727 032

TRYUKE (Two Rocks Yanchep Ukulele Group) • Mondays • 6.15 - 8.00pm (Last event 22 Dec)
Ukulele players and learners meet on a weekly basis to have fun and make music! At Oldham Park Clubroom, Yanchep. Cost \$2 per session. Enquiries: Sharon on 0439 696 052

Capricorn Games - Yanchep • Thursdays • 9.30am - 1.00pm (Last event December 12th)
Join in card and board games, table tennis or just enjoy a chat and morning tea at the Oldham Park Clubrooms, Yanchep. Cost \$2. Please contact Monika on 0431 982 045

Gentle Yoga - Yanchep • Saturdays • 9.30 - 11.00am
Yoga class inspired by Somatic Yoga. Bring a yoga mat and beach towel. Limited places. Oldham Park Clubroom. Enquiries: Léa Fritsch via Facebook messenger or lea.fritsch123@gmail.com

Rags to Bags - Alkimos • Thursdays • 10.00am - 12.00pm (Last event Dec 18; resumes Jan 8)
Make re-useable fabric bags with recycled materials. Plenty of things for "non-sewists" to do as well. No cost. Option to order from cafe. Sprout Hub, Alkimos. Contact: Ann 0403 922 670

Crafty Wednesday - Alkimos • Wednesdays • 10am - 12pm (Last event Dec 17; start again Jan 7)
Bring your own project to work on, get inspiration, share your skills or just come to chat. BYO cup for a cuppa. No cost. Leatherback Park Pavilion, Alkimos. Contact Ann on 0403 922 670

The Joy of Scrabble - Alkimos • Wednesdays • 10.00am - 1.30pm (No event 24 and 31 Dec)
Experienced players and people who want to learn are all welcome. Bring your own cup and enthusiasm for conversation. Leatherback Park Pavilion. Penny: 0421 372 834 Lee: 0488 823 817

Join in!

Please contact the listed person for more information and to let them know to expect you. That way if there is a last minute change they can let you know.

Look for a yellow Befriend flag or sign and a friendly face!

Everyone welcome!

**Details accurate at time of print.*



Befriend Social Network Perth



Right: Rachel, host of "Strike the Pose" group



Butler to Quinns Rocks

Writing Group - Butler • December 28, January 11 and 25 • 9.30 - 10.30am

For writers of all levels and experience. A strong focus on uninterrupted silent writing. At Dome Butler. Text Kay on 0414 225 584 to let her know you are coming, or for more information.

Social Sewing Circle - Butler • 1st and 3rd Thursdays • 6.00-8.30pm (No event Jan 1st)

Bring along your own project and everything you need for it. All sewing levels welcome. We can help each other out. Butler Community Centre. Text Demi on 0430 948 861

Expressive Arts - Butler • Fridays • 10 - 11.30am (No event Dec 26)

Explore art, self-expression, and connection. No experience needed. At Save the Children Op Shop, Butler. Materials supplied Cost: \$10 Registration essential. Text Elzara on 0405151530.

Strike The Pose - Jindalee • First Sundays • 10am

This is about being glammed up and taking photos in picturesque locations. The first event at Jindalee Beach Shack is a coffee meetup to find out more. Text Rachel on 0433 377 994

Merriwa Coffee, Chat and Board Games • Wednesdays • 9 - 11.45am (No event Dec 31st)

Play old favourites or learn something new. Option to order from the cafe. 115 Collective, True North Block, 869 Connolly Drive, Merriwa. Text Kellie on 0437 700 604

Merriwa Knit Crochet Patchwork Chat • Fridays • 9 - 11am (No event Dec 24th and Dec 30th)

Bring your own project, get inspiration, learn to knit, crochet, patchwork or just come to chat. Café available. 115 Collective, True North Block, Merriwa. No cost. Contact Joy on 0403 157 822

Meditation and Mindfulness - Quinns Rocks • Tuesdays • 6.15 - 7.00pm

Take a mid-week pause for calm and connection - for beginners and experienced meditators. Gumblossom Community Centre. Registration essential. Text Kelly on 0422 128 288.

Merfolk Tales - Quinns Rocks • Tuesdays • 9.00-9.30am

Join in to tread water, chat and plan more swimming fun. We'll be inside the swimming enclosure and between the red and yellow flags. Lee 0488 823 817; Sandra 0412 877 175

Your Own Group • Day and time that suits you

At Befriend we've helped over 12,000 Perth residents to connect through shared interests, social experiences and all kinds of fun hobby groups. Lee: 0488 823 817 Deb: 0492 863 526



No cost and no paperwork to be a part of Befriend... just turn up to something and be yourself!

Right: Lee, host of "Merfolk Tales"





Mindarie to Currambine

Coffee and Chat - Mindarie • Wednesdays • 10 - 11.30am (No event 24 Dec)

Get together with other friendly folk at Portofinos, Mindarie. Meet new people or catch-up with familiar faces. Contacts: Caroline 0439 094 259; Lindsey 0435 985 131

Write Your Bestseller - Clarkson • Third Saturday of the month • 10.30 - 11.45am

Discuss topics that are important for your own writing. Alistair, published author, will facilitate supportive group discussions. Clarkson Library. Registration essential: writinggrp@protonmail.com

Yap and Board Games - Clarkson • TBC (on a weekday night)

Board games for 18 to 30-ish year olds at the food court, Ocean Keys Shopping Centre. Begins early 2026. Please contact Ella on 0478 637 425 or Jordan on ijordaneve@hotmail.com



Befriend at Kinross Community Garden • 2nd Fridays • 9.30am - 11am

Grow friendships as well as plants. Gardening, cuppa and chat, info session, share table. Macnaughton Clubroom, Kinross. Enquiries: Caroline 0439 094 259; Lee 0488 823 817

Befriend at Kinross Community Garden • 4th Saturdays • 3pm - 4.30pm (No event Dec 26th)

Grow friendships as well as plants. Gardening, cuppa and chat, share table. Macnaughton Clubroom, Kinross. Enquiries: Caroline 0439 094 259; Sandra 0412 877 175

Burns Beach Sunset Walk • Fridays • 6.00pm during December and January

Enjoy the views from the sealed path returning as the sun sets. Meet on the coastal path near the lookout near Sistas Burns Beach Cafe. Message Ingrid on 0492 854 723 or Lee on 0488 823 817

Northern Yarnies • 3rd Saturdays • 2pm - 5pm (No December event)

Do you knit, crochet or sew? Join a happy group making items to be donated - giving back to the community. Currambine Community Centre. Linda 0400 229 860; Sandra 0412 877 175

Northern Suburbs Adventuring Guild • January 11th and 25th • 2 - 4.30pm

Dungeons and Dragons sessions tailored for 9-13 year olds to learn and play. Parent or guardian must stay for the session. Currambine. Cost \$5. Contact: ns.adventuringguild@gmail.com

Lee and Deb are Befriend Community Builders in the Far Northern Suburbs

If you'd like to find out more about how you can be involved in the Befriend Social Network they are always up for a chat!



Deb

0492 863 526



Befriend Inc



www.befriend.org.au



0488 823 817



Lee

fnscommunity@befriend.org.au





Joondalup to Wanneroo

Neil Hawkins Park BBQ - Joondalup • Dec 1st and 15th; Jan 12th • 12 - 1.30pm

Hosts Tim and Garry invite you to a "bring your own everything" casual friendly BBQ (or picnic) at Neil Hawkins Park. Free trishaw rides available. Jan: 0410 607 664

Colour Your Day - Wanneroo • Jan 3rd, 17th and 31st • 10am - 11am

Draw, colour in or create artistic designs. Bring your own art supplies and work on your own project. Wanneroo Library. Support workers welcome. Glen: 0407 766 555

Wanneroo Women Connect • Wednesdays • 10am - 12pm (Last event December 17th)

A friendly seniors women's group. Come along for connection, conversation, coffee and a bit of fun! Wanneroo Recreation Centre (Room 2). Contact Pat on 0412 925 147 for more info.

Stella Stackers - Wanneroo • Tuesdays fortnightly • 10am

Want to meet fellow Lego builders, take on exciting challenges, and create awesome designs? BYO own Lego. At Dome Wanneroo. Amber 0478593701; Lisa 0437039024

Transform Your Communication & Relationships - Warwick • Mondays • 7pm - 8.30pm

No events 22nd December to 5th Jan inclusive. Learn and practice new techniques and skills to help you communicate more effectively. Contact AJ on 0421 444 750

Your Own Group • Day and time that suits you

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**"I am feeling like
a valued member of the
community"**

Want to stay up-to-date with what's
happening in the Far Northern Suburbs
each month?

Email fnscommunity@befriend.org.au and put
"News" in the subject line

or scan here to sign up →

